This is a report of the first proving of a member of the sea urchins, which is Toxopneustes pileolus (toxop). The (sometimes) edible Toxopneustes is exceptional because of its small spines but poisonous claws (giving the flower-appearance). The 5 streaks of gonads in its body are edible (raw) – but during some seasons poisonous. The urchin usually hides by covering itself with pieces of corals and stones.

I collected a Toxopneustes during a diving expedition to the island Bohol/Philippines in March 1998. A part of the top of its shell (anus) and a part of its strong shell with spines, pedicellariae (=poisonous claws) and still moving "feet" were taken and immediately triturated to the first C-potency, later potentized to 30 CH (C30) and 200 CH (C200) by Mag. Robert Müntz, Salvator Pharmacy Eisenstadt, where the remedy can be ordered (robert.muelltz@remedia.at).

14 healthy provers (13 verum C30 or C200, one placebo) between 21 and 49 years of age and one patient provided symptoms. For one prover the remedy was her simile. The double-blind proving took place from June 1998 to August 1999, with the provers starting separately.

*Migraine, radiating back pain, stitching pain and numbness of the extremities are some of the prominent symptoms.*

Normalization of elevated antinuclear antibodies (ANA) could be observed in a patient.

**Prover's simile:** 26yrs old female prover: rather healthy, but often migraine right forehead, like "an abscess in the brain, pulsating from within outwards"; old skin eruption at the margin of her hair (for more than 10 years resistant to any non-homeopathic therapy), always cold hands and feet. On the same day after taking her first (and only) dose, her hands began to become warm, the skin eruption receded within 4 days, the migraine disappeared. Old problems (a big mountain which I didn't want to see) came up and brought a great deal of changes in her life. But her symptoms disappeared for 6 years.

**Patient:** woman, 36 yrs: after myomectomy and sterilisation: migraine, which she suffered from for years and headache, that she had since childhood disappeared. A few months after the operation: reduced vision, supraorbital pain right side, and decreasing concentric restricted visual field with elevated ANA (antinucleotid antibodies). Cold hands and feet, pulsating headache right forehead from within outward.

Toxop. C12 brought back the old migraine immediately, healed the neuralgia, ameliorated vision (not visual field), warmed hands, and in C 200 and higher reduced ANA to normal. Polychrests given to reduce headache, raised the ANA titre quickly. Meanwhile she got higher potencies and got rid of the headaches and migraine as well (3 years observation).
This is a report of a double-blind proving of Acanthaster planci (acant). It is an extraordinary member of the family of starfish for it is poisonous, voracious, has far more than the typical five arms, and causes great epidemic damage to coral reefs almost worldwide.

I collected an acant. during a diving expedition to the island Bohol/Philippines in March 1998. Part of its centre (stomach) and a tip of an arm was taken and immediately triturated to the first C-potency, later potentized to C30 and C200 by Mag. Robert Müntz, Salvator Pharmacy Eisenstadt, where the remedy can be ordered (robert.muentz@remedia.at)

14 healthy provers (13 verum C30 or C 200, one placebo) between 21 and 50 years of age and one patient provided symptoms. The double-blind proving took place from Oct. 1998 to Dec. 1999, with the provers starting at different dates.

The symptoms were similar to the toxicology of its poison, its epidemic infestation on reefs, and its circle of life (mind and dream symptoms)

**Acant is a burning, stitching, weakness, eczema and sinusitis remedy**

<table>
<thead>
<tr>
<th>Eruptions of LIDs, face, ear</th>
<th>Sinusitis</th>
<th>Influenza –weakness- necrosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>clinically verified</td>
<td>clinically verified</td>
<td>partially clinically verified</td>
</tr>
<tr>
<td>itching, numb, swollen, hot, (scaly)</td>
<td>pain in head, eyes, teeth</td>
<td>feeling ill, sensation as if flu impending, fever, weakness, sleepiness (8 provers), leucopenia (toxicol.), dreams of necrosis, necrosis of liver (toxicol)</td>
</tr>
</tbody>
</table>

**Characteristics sy:**
- burning, heat
  - sufferers: teeth, tongue, neck, throat, inguinal, heel, skin, flushes, fever
- disease, (4 provers): abscess of brain, necrosis on legs, pustule with parasites on hand, ill relative,
- infection “ of the reefs, “outbreaks”
- dreams of pregnancy, marriage, erotic dreams
- dreams of disease,
- armed adult
- eggs
- dreams of ocean, water (5 provers)
- dreams of train, subway (3 provers)
- larvae, plankton
- Numbness (4 provers)
- Nose, lips, lids, hands
- Drawing (3 provers)
- dreams of train, subway (3 provers)
- Delusion of being naked: waiting for the tram I felt people looking at me, as if I still wore my nightshirt. Looking down I was glad to wear street clothes. (Didn’t feel them, so I felt naked).

**Patient:** "for me the train for children has left" = I’m too old for children now.

**A patient** healed from chronic eczema of the lids admitted: „I realised that I had suffered three severe mortifications (business and private) when the eczema started. Meanwhile I “stretched out many legs” to gain a broad (financial) basis to live on, costing a lot of energy.”