

9th ICE DANCE SUMMER SCHOOL VIENNA

**July 3rd – 14th 2006
With Krisztina Regöczy**

**Information- and Training Course for
International Dance teams and their coaches!**

**5, 5 hours of ice time every day for Pre-Novices,
Novices and Junior- and Senior couples.**

Learn about all the new features in Ice dance!

Directed by:

Mrs. Krisztina Regöczy

Member of the ISU Coaches Commission

**World Champion in 1980 – 3 times Professional World Champion
Silver Metal in Olympic Games 1980, 9 times Hungarian Champion
Coaches Master Diploma of the Hungarian University of Sports
Coaching experiences in Boston, Los Angeles, San Francisco, Oberstdorf,
Lyon, Budapest and Vienna**

Limited number of participants:

6 Pre-novice, 6 Novice, 6 Junior and 6 Senior Couples

Latest signup date: April 30th 2006

It is the target of the course to give the participating coaches and International couples the opportunity to match the compulsory dances and OD/Free dance performance with the new international rules and get a start into the new competitive season.

By means of the daily basic training together – participating couples along with their coaches – and also through the daily training of pre novice, novice, Junior and Senior couples not only the couples but also the coaches will absorb directly the latest news of the ISU regulations.

All participants, coaches and dance teams, are directly introduced to the changes of rules and will work on those during the practice. Mrs. Regözy will participate as the Head Coach for all couples in the daily basic training and the special groups and will give advice for both coaches and couples.

In addition to this all couples can participate in additional 3 hours of daily training on the ice together with their own coaches or with Krisztina Regöczy and her Assistant Coach Mr. Schübl.

This Year we offer a second week of ice time to be used with your own coaches, Mrs. Regözy and the assistant coach will be available for private lessons on request.

PLEASE OBSERVE:

We would be pleased to arrange accommodation, and on special request a ballet trainer and masseur. Feel free to contact us anytime for further arrangements. There is a swimming pool with sauna and a resting lawn close to the ice rink.

ENQUIRIES and INFORMATION:

VIENNA INTERNATIONAL ICE SKATING CLUB
c/o Mrs. Susi Baierl
Lacknergasse 57
A-1170 Wien/Austria
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Phone & Fax.: +43 1 489 6549
Mobil: +43 676 274650 Susi (German/English/Hungarian)
Mobil: +43 676 274640 Franz (German/English)

ICE DANCE SUMMER SCHOOL - VIENNA

03. 07. - 08. 07.06

Monday 03.07.2006

with Krisztina

09.50 - 10.00 Ice

10.00 - 11.00 Basic

11.00 - 11.10 Ice

11.10 - 12.25 Pre/Nov

12.25 - 12.35 Ice

12.35 - 13.50 Jun/Sen

13.50-14.00 Ice

with home trainer

17.50 - 18.00 Ice

18.00 - 19.50 PreNov/Nov

19.50 - 20.00 Ice

20.00 - 21.50 Jun/Sen

21.50 - 22.00 Ice

Tuesday 04.07.2006

with Krisztina

09.50 - 10.00 Ice

10.00 - 11.00 Basic

11.00 - 11.10 Ice

11.10 - 12.25 Jun/Sen

12.25 - 12.35 Ice

12.35 - 13.50 Pre/Nov

13.50 - 14.00 Ice

with home trainer

14.50 - 15.00 Ice

15.00 - 16.50 Jun/Sen

16.50 - 17.00 Ice

17.00 - 18.50 PreNov/Nov

18.50 - 19.00 Ice

Wednesday 05.07.2006

with Krisztina

09.50 - 10.00 Ice

10.00 - 11.00 Basic

11.00 - 11.10 Ice

11.10 - 12.25 PreNov/Nov

12.25 - 12.35 Ice

12.35 - 13.50 Jun/Sen

13.50 - 14.00 Ice

with home trainer

17.50 - 18.00 Ice

18.00 - 19.50 PreNov/Nov

19.50 - 20.00 Ice

20.00 - 21.50 Jun/Sen

21.50 - 22.00 Ice

Thursday 06.07.2006

with Krisztina

09.50 - 10.00 Ice

10.00 - 11.00 Basic

11.00 - 11.10 Ice

11.10 - 12.25 Jun/Sen

12.25 - 12.35 Ice

12.35 - 13.50 PreNov/Nov

13.50 - 14.00 Ice

with home trainer

14.50 - 15.00 Ice

15.00 - 16.50 Jun/Sen

16.50 - 17.00 Ice

17.00 - 18.50 PreNov/Nov

18.50 - 19.00 Ice

Friday 07.07.2006

with Krisztina

09.50 - 10.00 Ice

10.00 - 11.00 Basic

11.00 - 11.10 Ice

11.10 - 12.25 PreNov/Nov

12.25 - 12.35 Ice

12.35 - 13.50 Jun/Sen

13.50 - 14.00 Ice

with home trainer

17.50 - 18.00 Ice

18.00 - 19.50 PreNov/Nov

19.50 - 20.00 Ice

20.00 - 21.50 Jun/Sen

Saturday 08.07.2006

with Krisztina

09.50 - 10.00 Ice

10.00 - 11.00 Basic

11.00 - 11.10 Ice

11.10 - 12.25 PreNov/Nov

12.25 - 12.35 Ice

12.35 - 13.50 Jun/Sen

13.50 - 14.00 Ice

SUMMER SCHOOL - SECOND WEEK 2006

10.-15.07.06

with your own coaches, Lessons with Krisztina and Assistant Coach available

Monday 10.07.2006

08.00 - 09.50 Work Shop

Ice

10.00 - 11.50 Work Shop

13.30 - 14.50 Work Shop

16.00 - 17.50 Work Shop

Ice

18.00 - 19.20 Work Shop

Tuesday 11.07.2006

08.00 - 09.50 Work Shop

15.00 - 17.10 Work Shop

Wednesday 12.07.2006

08.00 - 09.50 Work Shop

Ice

10.00 - 11.50 Work Shop

16.00 - 17.50 Work Shop

Ice

18.00 - 19.20 Work Shop

Thursday 13.07.2006

08.00 - 09.50 Work Shop

13.30 - 14.50 Work Shop

Ice

15.00 - 17.10 Work Shop

Friday 14.07.2006

08.00 - 09.50 Work Shop

10.00 - 11.50 Work Shop

16.00 - 17.50 Work Shop

18.00 - 19.20 Work Shop

Pricelist:

1st week € 350,--/Skater

2nd week € 145,--/Skater

1st + 2nd week € 495,--/Skater